

## Iron Infusion Costs

### First Consultation

All new and existing patients will need to have an appointment with one of our doctors who perform iron infusions – Dr Sarles, Dr Minns or Dr Mikhail. This is to discuss the iron infusion process and determine that an iron infusion is the best option for you. Please bring your recent blood test results with you to this appointment. This appointment is charged as per the standard clinic fees.

### On the Day of your Iron Infusion -

The cost of an iron infusion at Adelaide City General Practice is \$290 which is made up of a \$240 fee for the consultation and procedure, plus a \$50 facility fee to cover the cost of materials.\*\* You will be required to bring the iron from the chemist with you to the appointment.

All accounts are to be paid in full on the day. If you are covered by Medicare you will be able to receive a Medicare rebate of \$111.50.

\*\*Fees are subject to change without notice

Iron infusions at Adelaide City General Practice are conducted by

- Dr Cathy Sarles
- Dr Georgina Minns
- Dr Mark Mikhail



Adelaide City  
General Practice

## IRON DEFICIENCY

and

## IRON INFUSIONS

### Information Brochure

## Iron Deficiency

Iron deficiency is very common in Australia, and the symptoms include fatigue, shortness of breath and palpitations. There is also evidence to suggest that iron deficiency may lead to impairment of the immune system, and to emotional disorders such as depression.

The richest source of iron in our diet is red meat, but many people do not eat enough red meat to maintain adequate iron stores or are unable to absorb iron well in the gastrointestinal tract. In fact, oral iron can be inadequate in many cases to keep up with body demands for iron.

## Iron Infusions - Benefits

If your doctor identifies you as having an iron deficiency, an iron infusion is one of the easiest treatments available. The full amount of iron that you need is given intravenously over 30 minutes. No blood or blood products are used.

## Iron Infusions - Side Effects

Side-effects from iron infusions are uncommon, but there is always a small risk of an adverse reaction like an allergy. Adelaide City General Practice is properly equipped with appropriate drugs and equipment to deal effectively and quickly with an allergy, should it occur.

Other side-effects you might experience for up to 2 days after the infusion include:

- Temporary changes in taste (metallic)
- Headache, feeling sick or vomiting
- Muscle and joint pain
- Shortness of breath
- Itchiness, rash
- Changes to blood pressure or pulse
- Burning and swelling at injection site

## Before you have IV iron – tell your doctor if you:

- Are pregnant or trying to get pregnant
- Have a history of asthma, eczema or other allergies
- Have had a reaction to any type of iron injection or infusion in the past
- Have a history of high iron levels, haemochromatosis or liver problems
- Are on any medications (including over the counter or herbal supplements)

## On the day of your Iron Infusion

- Have your regular breakfast/meals
- Drink plenty of fluids
- Take all your regular medications
- Allow 1 hour for the procedure
- You can drive home after the infusion and resume usual activities (unless there is an unexpected reaction)