

Fees for Musculoskeletal Therapy Consultations and Treatments

Consultation only	Full Fee	HCC and Pension Card Holders and Students	Medicare Rebate
Less than 20 minutes	\$98.00	\$87.60	\$37.60
20 minutes to less than 30 minutes	\$172.00	\$122.80	\$72.80
30 minutes to less than 40 minutes	\$200.00		
40 minutes to an hour	\$260.00	\$157.15	\$107.15
Over an hour	\$360.00	\$207.15	\$107.15
Perineural Injection or Prolotherapy Treatment	Full Fee	HCC and Pension Card Holders and Students	Medicare Rebate
Less than 20 minutes	\$108.00	\$97.60	\$37.60
20 minutes to less than 30 minutes	\$192.00	\$142.80	\$72.80
30 minutes to less than 40 minutes	\$220.00		
40 minutes to an hour	\$280.00	\$177.15	\$107.15
Over an hour	\$380.00	\$227.15	\$107.15

*Fees are subject to change without notice

Musculoskeletal Therapy Consultations and Treatments at Adelaide City General Practice

- Dr Oei accepts referrals from other GPs at our practice, from external sources, or patients can self-refer.
- As part of the discussion prior to any treatment Dr Oei will explain to you the nature, reasons, and expected outcomes of the treatment.
- The fees for musculoskeletal consultations and treatments are detailed in this brochure. Please discuss any fee queries with the doctor or one of our staff members.
- You will be asked to provide verbal consent for the treatment to go ahead.
- If you are attending for neck and back issues you may be asked to remove your clothing down to your underwear.

If you have any questions please make sure you discuss them with your doctor prior to the treatment going ahead.



Adelaide City
General Practice

Musculoskeletal Therapy Consultations and Treatments

Adelaide City General Practice
Level 2, 29 King William Street, Adelaide SA 5000
Phone: 08 8410 1322
Website: www.acgp.com.au

(Revised 01/11/2018)

Dr Bing Oei



Dr Bing Oei is a Sports Medicine and Musculoskeletal Physician with a wealth of experience in treating and caring for patients with chronic pain, injuries or any physical dysfunction.

After graduating from Adelaide University Dr Oei moved to Sydney to pursue a career in Sports and Musculoskeletal medicine. Dr Oei obtained his Masters of Medicine in Physical Medicine at Sydney University in 2001. In 2003 he was awarded his Fellowship of Physical Medicine by the Australian College of Physical Medicine. He started his own General and Musculoskeletal practice in 1980. Dr Oei has had postgraduate training in the field of Musculoskeletal medicine and pain management in France, Italy, USA, Asia, NZ as well as Australia.

Dr Oei has been the medical Director of numerous international/ national sporting events as well as musicals in Sydney.

He treats chronic pain and Musculoskeletal dysfunction using multiple modalities including manual therapy, muscle energy stretching, Perineural Injection Therapy (PIT) also known as Neural promo therapy, Prolotherapy and PRP (platelet rich plasma). Conditions treated include back and neck pain, osteoarthritis (e.g: knee, hip, ankle), tendinopathies, tennis elbow, heel pain and any golfing injuries.

Dr Oei is a member of the RACGP; Australian Association of Musculoskeletal Medicine (past president 2008/2009); Australian College of Physical Medicine; and the SA.Sports Medicine Association.

What is Musculoskeletal Medicine?

Musculoskeletal medicine is a discipline in medicine that deals with pain and dysfunction of the muscles, tendons, joints, ligaments, nerves and other soft tissues.

What is Perineural Injection Treatment?

Developed by Dr John Lyftogt, Perineural Injection Treatment (P.I.T) consists of a series of small injections immediately under the skin targeting painful areas where the nerves are sensitive, with simple and natural substances. Dr Oei uses a 5% glucose solution.

Lyftogt P.I.T. is a very effective treatment for chronic pain. Success rates vary between 80-100% depending on the condition.

The aim of each treatment session is to get the patient pain-free then and there; that is how practitioners know they are targeting the correct nerves. Following each session the patient should be pain free for anywhere from four hours to four days. With every session, the patient can remain pain-free afterwards for longer and longer periods until the pain doesn't come back, which is why multiple treatments are needed.

Most people become pain free after 6-8 treatments. These can be spaced anything from one week to one month apart. In certain circumstances your practitioner may suggest more or less frequent treatments.

The treatment is very safe with few side effects. Some localised bruising around the injection sites is not uncommon. No allergic reactions have yet been observed. It has been estimated that one in 300,000 injections may result in infection – in other words, extremely low risk.

Ref: <http://www.lyftogtmed.com>

What is Prolotherapy?

Prolotherapy treatment is primarily used to repair connective tissue, that is, ligament, tendon or cartilage. In prolotherapy treatment a substance is injected using a slender needle next to the site where soft tissue (ligament, tendon, muscle, fascia, joint capsule) is injured or has torn away from the bone.

The substance used in the prolotherapy injection is a natural irritant agent, such as a glucose solution often combined with a local anaesthetic. This stimulates the tissue to repair itself.

The number of injections required during a treatment session and the number of treatments depend on the condition and the individual being treated.

What is Platelet Rich Plasma Therapy?

Platelet Rich Plasma Therapy is a type of prolotherapy in which the patient's own plasma is extracted and injected into the treatment site.

Should I Continue with my Pain Medication Following Treatment?

If you are on prescribed pain medication, please discuss this with your practitioner before stopping the medication or reducing the dosage.